



Road to Freedom

Week 3 - The Journey Begins

First Name and last initial: _____ Date: _____

Congratulations - you have arrived at Week 3. You have covered a lot of ground. Reflect on each soul searching question below, responding to the best of your ability. We are laying groundwork for your victory and freedom ahead.

Who do you want to be in your driver's seat and why?

Name the three types of root problems and why two of them hold crucial value to address on your Road to Freedom. Give 1-3 examples in your life.

Have you ever covered up a situation or past hurt and why? What has blocked you from seeking help to move past it?

Choose a painful memory that you cannot get past or one that God brought to surface. What ripple effects of negative repercussions from it can you see in your life?

Recall something good that you reaped when you did not feel like you deserved it. Take time to count your blessings and the positive in your life.

List the 8 Road to Freedom Principles and briefly in your own words, describe them.