



# Road to Freedom

## Week 2 - Life Influencers Chart

### Instructions

Fill in the charts based upon the examples in Lesson 2, Module 3.

Pick 3 Influencers in each category -- 3 positive and 3 negative people, and 3 positive and 3 negative events.

Often in the emotional healing process, the positive in life is omitted, minimized, or forgotten as the focus centers on the damaged emotions, memories, and hurt. We must always keep in mind the positive because the enemy of your soul will love for you to focus on what is broken or what appears to be broken. Reassuring that you are valuable, worthy, and loved is utmost for your Road to Freedom and victory. Doing this exercise will help you sort situations and people. It may also help uncover root entry points to your pain.

Please post in the Road to Freedom Igniter's Facebook group when you have completed it and we will celebrate your progress.

**Positive Influencers**

WHO	WHEN	WHAT/WHY

**NOTES:**

**Positive Events**

<b>WHAT</b>	<b>WHEN</b>	<b>WHY/HOW</b>

**NOTES:**

**Negative Influencers**

<b>WHO</b>	<b>WHEN</b>	<b>WHAT/WHY</b>

**NOTES:**

**Negative Events**

WHAT	WHEN	WHY/HOW

**NOTES:**