



# Road to Freedom

## Week 2 - Family History

# Instructions

On the following page is a chart called a Genogram, or family tree. Make copies as needed.

Two lineages are shown. Circles represent females and squares represent males in your family line. In each circle or rectangle, write the full name as best you can, along with position (Father, Mother, Son, Daughter, Aunt, Uncle, Grandparent). If you need to, draw the diagram instead or make copies to go as far as you can through your ancestors. I have given you various versions of this chart for different uses, including a blank template to customize your genograms/family history. When separation has occurred (death, divorce) put 2 forward slashes [//] on the line between the father and mother.

Take time and write down all that you can remember, good or bad, about the person.

Use one word to represent the memory, character, or features that stand out for each one.

If an event occurred, you can mark it with star - or asterisk.\*

This is for your reference. For Mastermind or One-On-One Coaching, please complete, take a photo and email to [marian@marianpoepelmeyer.com](mailto:marian@marianpoepelmeyer.com).

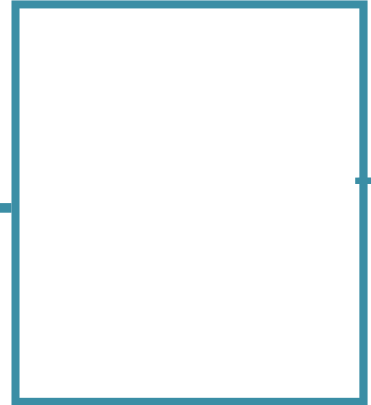
# Road to Freedom Week 2 - Family History

First Name/last Initial: \_\_\_\_\_

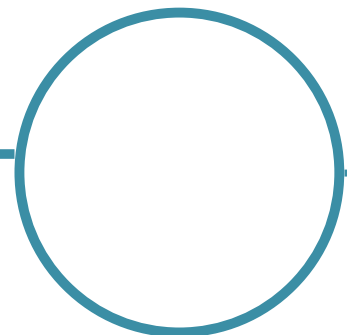
Date: \_\_\_\_\_

**Your direct family - Children**, if any. In case of remarriages or multiple fathers or mothers, please indicate, use additional sheets if necessary. If the child has died or aborted, please list & date.

Husband/Partner



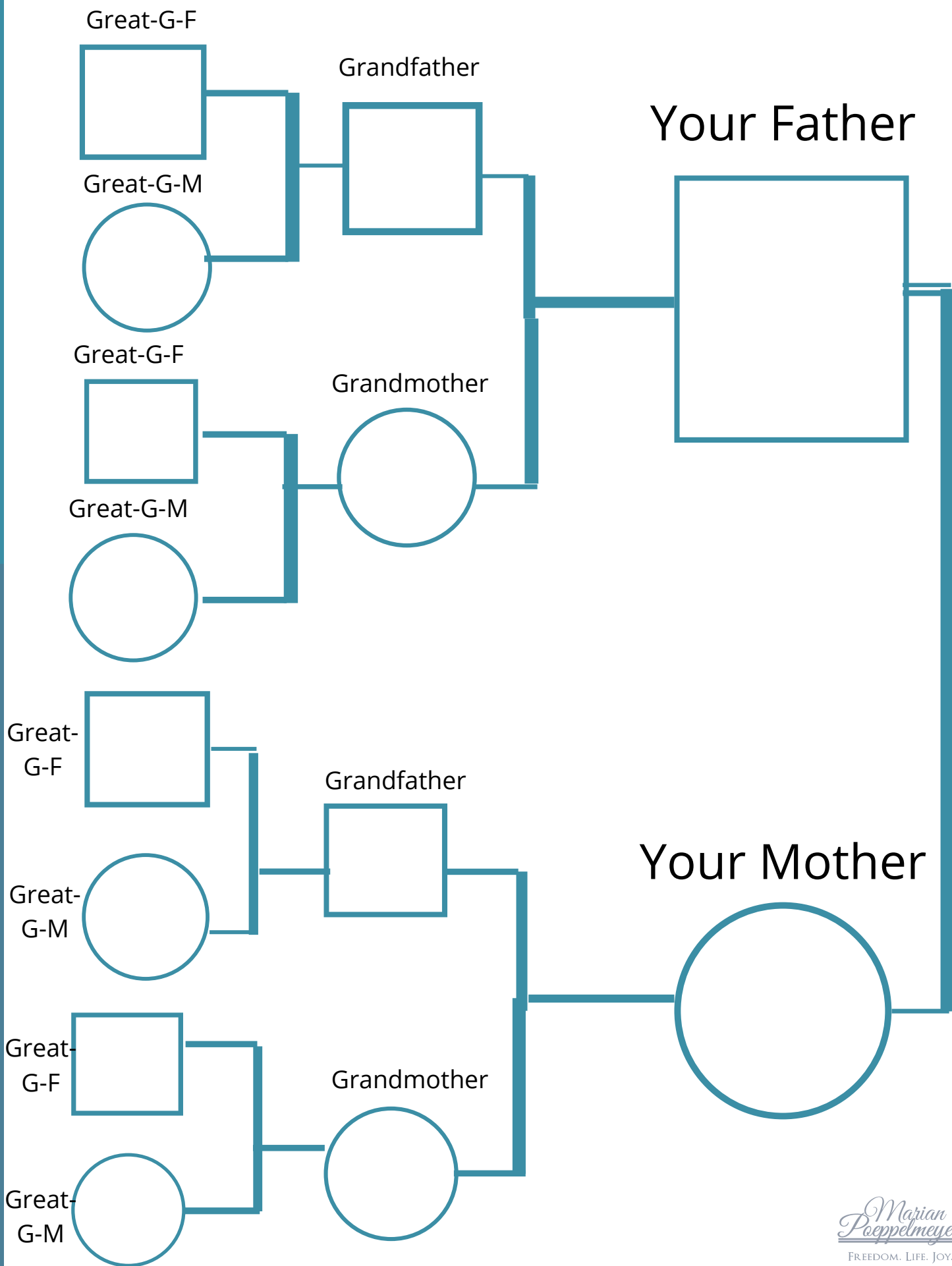
Wife/Partner



# Road to Freedom Week 2 - Family History

First Name/last Initial: \_\_\_\_\_

Date: \_\_\_\_\_



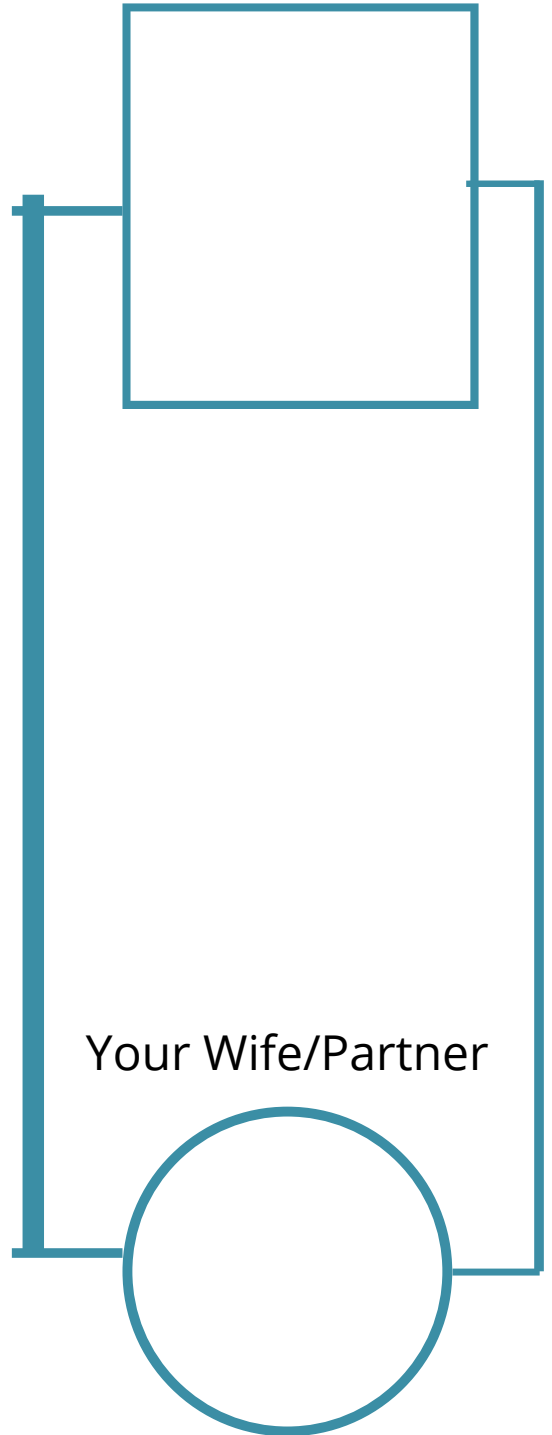
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First Name/last Initial: \_\_\_\_\_

Date: \_\_\_\_\_

**Your Siblings** - Draw to the best of your ability your brothers & sisters. Indicate half-brothers and sisters and which side of the family they belong, include dates when joined.

Your Husband/Partner

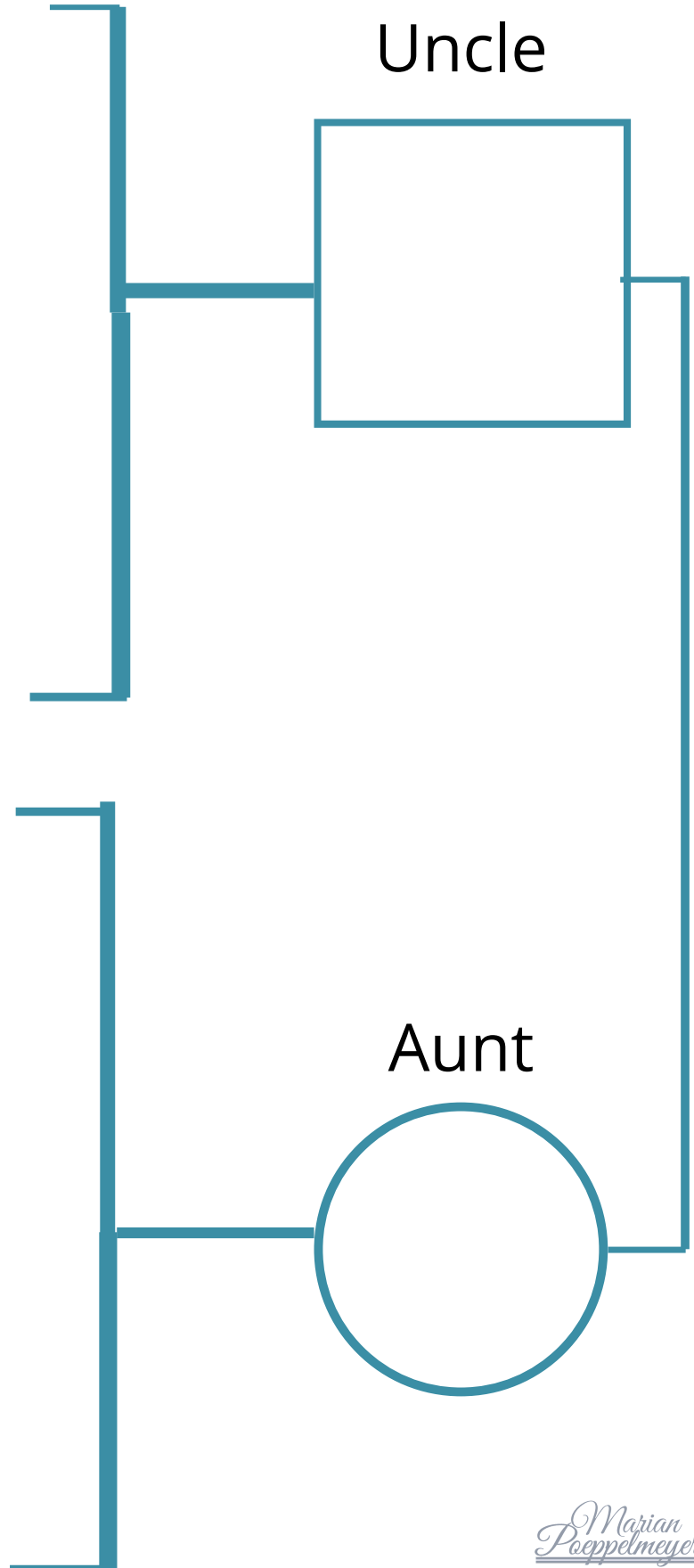


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First Name/last Initial: \_\_\_\_\_

Date: \_\_\_\_\_

## Your Aunts & Uncles

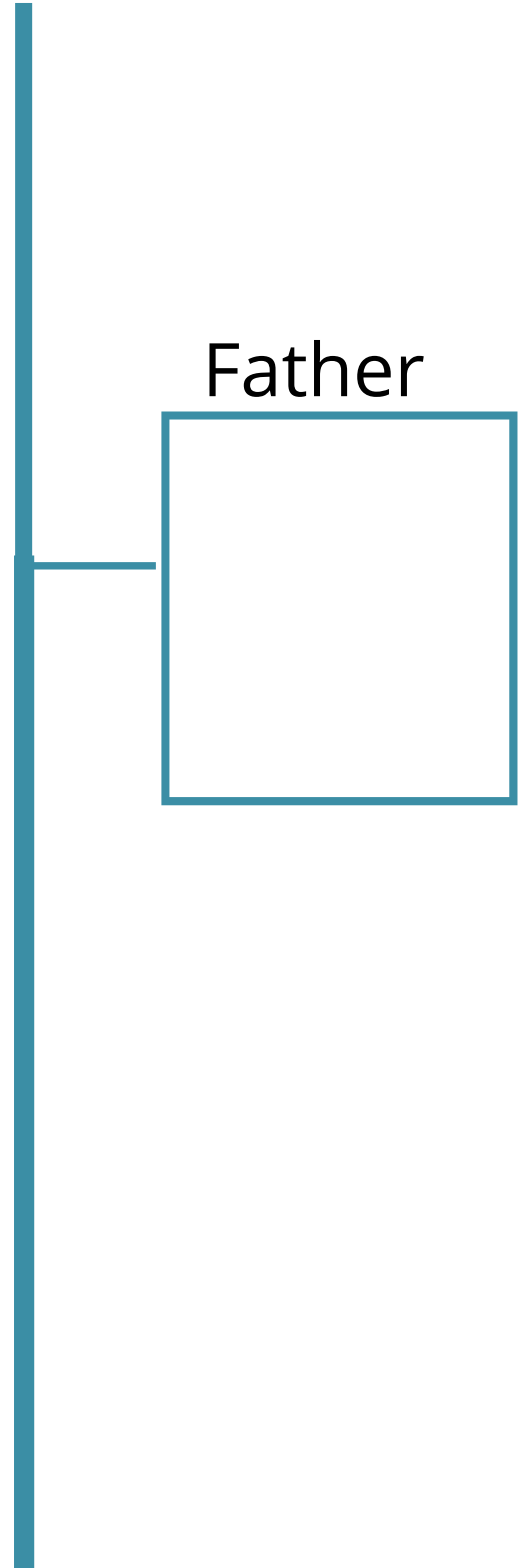


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First Name/last Initial: \_\_\_\_\_

Date: \_\_\_\_\_

## Template for Father's Side

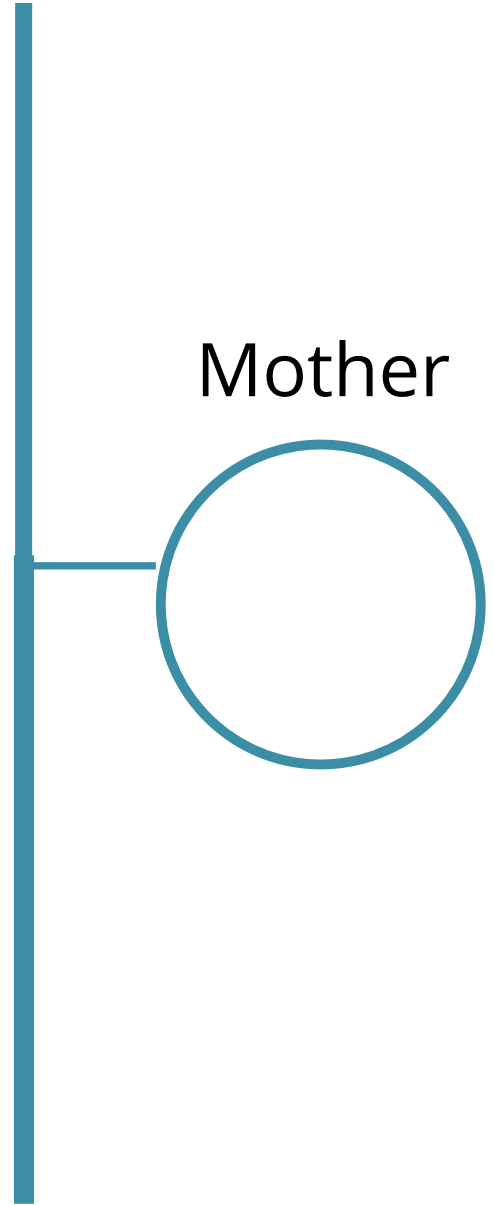


# Road to Freedom Week 2 - Family History

First Name/last Initial: \_\_\_\_\_

Date: \_\_\_\_\_

## Template for Mother's Side



# Road to Freedom Week 2 - Family History

First Name/last Initial: \_\_\_\_\_

Date: \_\_\_\_\_

## Extra Template

